



New Disciple News



Friends,

For many Americans, November is a special month. It either signifies one of abundance and gratitude or it shines a light on poverty. As I've settled into this call here at New Disciples, I've realized that our congregation has helped me to imagine what Jesus had in mind when he spoke of this beloved kingdom here on earth as it is in heaven. That's not to say that we are doing this perfectly or exactly as Jesus would have us. But, working with people from other cultures and those with other opinions is difficult work. We have started "Room at the Table" dinner church and it has already been transformative.

Another practice that has shown benefit in my life during the month of November is to eat as I would be from a food pantry. Then, I donate my remaining grocery budget to either the church or a charity that gives to the marginalized for the month. Some of my friends are doing a refugee ration challenge, you can check out that link as well. Amidst this "fasting", I journal what I am grateful for, when hunger hits, or I feel ungrateful I log my feelings and note that this is a choice and that God is providing for me as well as for others through this spiritual practice. You might be surprised by what the Spirit awakens in you during this process.

How many of us look forward to Thanksgiving just for the food? Thanksgiving is one of my favorite meals of the entire year. However, wherever I seem to dine, I almost always am tasked to pray. It's fun to be extemporaneous for sure. But, it's also really great to have a powerful prayer in your back pocket. This wonderful prayer by Walter Rauschenbusch, an early leader of the Social Gospel Movement is a great prayer that will impress even the most cynical of family members. Feel free to borrow it and eat with abandon.

Peace and abundance this holiday season,

Pastor Monica

Thanksgiving Day Prayer

For the wide sky and the blessed sun,
For the salt sea and the running water,
For the everlasting hills
And the never-resting winds,
For trees and the common grass underfoot,
we thank you.
We thank you for our senses
By which we hear the songs of birds,
And see the splendor of the summer fields,
And taste of the autumn fruits,
And rejoice in the feel of the snow,
And smell the breath of the spring.
Grant us a heart wide open to all this beauty;
And save our souls from being so blind
That we pass unseeing
When even the common thornbush
Is aflame with your glory,
O God our creator,
Who lives and reigns for ever and ever.
Amen.

~ Walter Rauschenbusch (1861–1918)





New Disciples Family: We Pray for...
 Kenny, Suzie, Cindy, Connie, Denny, Jeanette,
 Sharon, Candi, Ann, Rick, Allan, Scott, Tim, John,
 Norma, Sharon, Janelle, Savanna, Pam, Skip, Jojo,
 Nanga, Glenda, Loy, Lorene, Ellery, June, Shawn,
 Savanna, Imani & Tantine, Theodore & Annie.

Friends of New Disciples: We pray for...
 Sara, Charlene, Keshon, Sheila, Cece, Craig, Caitlin,
 Ellen, Andrew & family, Kimmerly, Lee, Skip.

New Disciples: We ask for our church family...
 ♦ that God strengthen our sense of community.
 ♦ strength, communication, and patience in all things.
 ♦ that strife and disagreement come to an end.

Other: We pray for...
 ♦ our church budget; may we inspire giving.
 ♦ renters for our office space.

Grief: We ask for comfort and strength for ...
 ♦ the friends and family of
 ♦ Jason Koehler
 ♦ Michael Betterton
 ♦ Mindy's grandparents

Military Personnel:
 Daniel Ruhd - Lynette Lubbock's grandson..... NC
 Kyle Stallman - Kim Stallman's son WA
 Tyler Edler - Nancy Wise's nephew..... Bulgaria
 Eli Walters - Helen Christophersen's g-g-son in law GA
 Kaylee Graves - Garland Waddilove's granddaughterCA
 Aaron Thomas Krouse - Aaron Krouse's nephewUS
 Iowa National Guard members

Upper Midwest Region Prayers
 United Parish, Coggon, IA
 First Christian Church, Sioux City, IA
 First Christian Church, Laurens, IA
 United Protestant Church, Silver Bay, MN
 First Christian Church, Newton, IA
 Urbana Christian Church, Urbana, IA
 Lenox Christian Church, Lenox, IA
 First Christian Church, Shenandoah, IA

Our Homebound: May God surround you with His love...
 Roger & Mary Steve Helen Lois Ann Berdine
 Allan & Janetta Alice Ben Gisela

Missionaries/Community Workers:
 Christian Church (Disciples of Christ) regional staff
 Alain Imani Habinamwisho & Tantine Kapila
 New Disciples Staff Daniel Reed - Hope Builders

Pray, we as a Christian community ...

- ♦ to keep Christ first in all we do.
- ♦ that we would have unity amid diversity - loving those with whom we have nothing in common but the gospel.
- ♦ that a culture of discipline would form in which making disciples is viewed as an ordinary part of the Christian life.
- ♦ that we worship God with all our strength, minds, hearts, and souls.

All Saints Memorial Service

November 3 is All Saints Sunday and during worship, New Disciples will honor members and other loved ones who have died in the last year. Family members are invited to attend.

We ask that contributors contact the church office through email at office@newdisciples.org or call at 319-363-2089.

Please let us know your name and your contact information and the name of your loved one. The church office will then be in touch for more information.

Please set your clocks back to arrive on time.





“Room at the Table” Dinner Church

New Disciples has set the dates for our monthly Sunday evening dinner worship service called *Room at the Table*. Mark your calendars, invite friends, and join us on November 17 and December 15, 6 - 8 PM.

November’s dinner church will be a Thanksgiving themed potluck, so everyone participating is invited to bring their favorite thanksgiving dish. Lisa Phillips and Monica Banks will be bringing a turkey.

December’s dinner will be named "Apps & Caps". Participants can bring either an appetizer or dessert to share.

At each dinner worship service, conversation topics are provided for each table. Topics are expanded to involve the full group. Scripture is read, followed by ideas & insights shared.

Each service involves everyone helping with table and food preparations and everyone assisting with clearing the worship space at the end of the meal.

Fall Festival

Rain changed it from trunks to tables, but the treats, games, food, and fun were just as good indoors at our first Fall Festival, including a face painter.



Fresh Church Directory for 2020

Our congregation is overdue for a new directory to stay in touch with our church family.



Please contact the church office with any updates or corrections to your contact information. Heidi Haney is leading this project and she has already started to ask for contact information as well.

We are considering how to include photo directory in this project. As a “Fun & Quirky Church”, we are considering taking informal fun and quirky photos before and after worship in a “come as you are” fashion and compiling our own booklet. We hope to finish the photos by Christmas and have the book ready in early January.



On October 23, YPN (Young Parents Network) celebrated and recognized the women who created the Wee Care Shop 26 years ago, as they retired from weekly volunteering.

“From humble beginnings, many moves, changes, growth and more changes - they've been right here with us. The We Care Shop is a gem in our community that is here because they saw a need, had an idea and have compassion to serve families in our community. The We Care Shop now serves thousands of individuals each year.

Barb Appleget, Vicki Ehrenberger, Jean Goodall, and Glenda Denning. We simply cannot put into words the impact that your contribution and leadership has and will continue to make for years to come. You will always be part of our YPN family.



New Disciples Youth have chosen Heifer International as their mission program this year. Each Sunday in worship, they are requesting a donation of spare change towards their goals. From the Heifer International website...

ENDING POVERTY FROM THE GROUND UP

We work locally, alongside the communities we serve, providing livestock and training in sustainable agricultural and business practices to create the most opportunity for the individuals and communities with whom we partner.

FLOCK OF CHICKS

The gift of a flock of chicks can change the lives of an entire family. For \$20, you can help lift a family out of poverty.



Your flock of chickens gift donation helps provide a family in need with a starter flock of 10 to 50 chicks, along with the training that will empower them to turn your donation into a lifetime of opportunity. Each flock of chicks:

- Provides eggs and protein for nourishment
- Boosts income through sales of extra eggs and offspring
- Ensures security for generations through Passing on the Gift

Chickens require little space and can thrive on readily available scraps; this allows families to make money from the birds without spending much. And since a good hen can lay up to 200 eggs a year, your flock of chickens gift provides a steady source of nutrition and income.

ONE GOAT

Goats help families feed themselves. On small farms, goats are often the key to a family's survival. Give a goat to a family in need for \$120. Along with training and education in its care, each goat gift donation:



- Provides milk, cheese and butter for nourishment
- Boosts income through sales of extra milk
- Encourages better crop yields by creating fertilizer and clearing land

Goats are known for providing delicious milk, which can be used to create cheese that can be sold for income, in turn providing a family's children the opportunity to go to school. Goat milk is more easily digestible, and one animal can produce up to four gallons a day.

Goats are ideal for zero grazing, which means very little land is needed to raise them. Their natural curiosity and intelligence also makes them great pets for families with children.

HUMAN TRAFFICKING:

- Be informed.**
- Be educated.**
- Be aware**
- Take action.**

WHEN:

Tuesday, November 5th at 6:30 pm

WHERE:

**Jefferson High School Main Auditorium
1243 20th Street SW, Cedar Rapids**

Come to this FREE and OPEN TO THE PUBLIC educational event.

Parents, students, and community members, come learn the facts about this billion-dollar industry. There are many ways to break the chains of human trafficking. It starts with being informed, educated, and aware.

Learn the methods traffickers use to get their victims and how you can stay safe. Speakers include local law enforcement.

Questions? Call 319-364-0222, visit www.chainsinterrupted.com or email info@chainsinterrupted.com.

Sponsored by Thrivent Community – Mississippi Valley



THRIVENT®

Presented by Chains Interrupted



DELIVER MEALS ON WHEELS

Volunteers are the heart and soul of Horizons. Without them, none of this would be possible! We are here to help you find the most rewarding opportunity for you!

You could deliver meals and a smile.

This is the biggest area of need for our clients, 30 volunteers are needed each day to get nutritious meals to their door

You could help prepare meals for deliver.

Each day, two volunteers help our staff get meals ready for delivery.

SIGN UP NOW!

Contact Sandy Rosenberger at 319-375-3108 or srosenberger@horizonsfamily.org





Our Journey Together

Dear Upper Midwest Disciples of Christ:

Greetings to all!

The most frequent question I am asked is: “What can be done about our churches closing?” There is no simple, or easy, answer to that question. But it is an important question.

Often the ensuing conversation uncovers additional issues and questions: “What can we do to make a church grow again? We must be doing something wrong. What can we do different? Is there a program we can use to grow again?” And, some reference is usually made to the lack of interest in church in our culture, and there are too many other things to do on Sunday.

There are some things we have little, if any, control over. The population migration from rural areas to cities has caused a major change in where people live. If not retired, people move to where they can find jobs.

There is the questioning of institutions and the church is considered an institution. Even though Disciples claim we are a movement, we are also viewed as a flawed institution, along with other denominations.

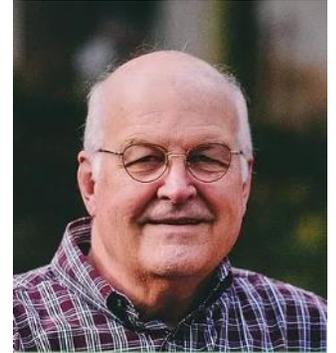
To be sure, for our congregations to continue to offer ministry that transforms lives in the communities where located we cannot wait. Start now.

First, gather to pray. Not just once, but continuously, for the Spirit of God to lead you. Listen carefully to God, to one another, and to your community. Discern one or more needs in your community, beyond the walls of your church building. Can you help meet that need? If not, look for another need in your community. Keep looking outward, not inward for the answers.

Do not expect easy answers. Do not expect easy solutions. Do not expect quick growth. But above all else seek to be faithful, for the next year, or the next one-hundred years.

Peace,

John



Rev. John Richardson,
Interim Regional Minister
and President

Regional Minister Search Committee



The Regional Minister Search Committee is working hard to gather a good understanding of your hopes, dreams, and needs for this region. One way that you can share your thoughts with this group is to complete the online survey. It can be found at:

<https://www.surveymonkey.com/r/RMSearch>

Your answers will shape how they talk about this region with potential regional minister candidates. It will also help them to identify individuals with the right combination of skills and passions to fit our needs.

A paper copy is available upon request (contact the regional office).

Please share your thoughts!

2019 Regional Calendar

Things We Do Together



Below, @CCC = held at Christian Conference Center

- Nov. 1-3 Chi Rho Retreat @ CCC *
- Nov. 8-9 Committee on Ministry @ WDMCC
- Nov. 15-16 CMEP Retreat @ CCC
- Nov. 22-24 CYF Midwinter Retreat *
- Nov. TBD Regional Operations Council Online
- Dec. TBD Regional Operations Council Online
- Jan. 23 Regional Operations Council Online
- Jan. 26-29 Minister's Institute @ CCC
- Feb. 7-8 Committee on Ministry
- Feb. 7-9 Junior Retreat @ CCC *

* = \$40 per camper



Service Opportunities

Service	November 3	November 10	November 17	November 24	December 1
Welcoming Deacon (Front Door)	Glenn Healy	Dan Dice	Kim Stallman	Rick Sutphin	Glenn Healy
Welcoming Elder (Entry to Worship Space)	Lisa Phillips	Jonathan Williams	Lynn Hills	Dick Goodall	Scott Niskanen
Communion Prep	Lynn Moss	Jean Goodall	Vicki Ehrenberger	Shirley Sedore	Lynn Moss
Worship Tech	Dan Dice, Tai-lee Wilcox	Dan Dice, Tai-lee Wilcox	Dan Dice, Tai-lee Wilcox	Dan Dice, Tai-lee Wilcox	Dan Dice, Tai-lee Wilcox
Worship Leader	Lynn Moss	Sydnee Phillips	Becky Johnson	Tim Wise	Heidi Haney
Children's Sermon					
Pulpit Elder	Kevin Livengood	Lisa Phillips	Jonathan Williams	Lynn Hills	Dick Goodall
Serving Deacons	Glenn Healy, Tim Wise, Lynn Moss, Ricardo Larios	Dan Dice, Heidi Haney, Debby Krivanek, David Krivanek	Kim Stallman, Dean Hunter, Don Phillips, Melody Livengood	Rick Sutphin, Aaron Krouse, Theodore Bosenge	Glenn Healy, Tim Wise, Lynn Moss, Ricardo Larios
Tabulators	Heidi Haney, Melody Livengood	Lynn Moss, Glenda Denning	Sydnee Phillips, Don Phillips	Kim Stallman, Jonathan Williams	Heidi Haney, Dean Hunter
Coffee Fellowship					

A service schedule is posted on the bulletin board in the church office. If you need to make a change, please email the church office or update the posted schedule and then Heidi will update the bulletin.



Church Board minutes are now available in a labeled binder in the church office.

New Disciples Kids! Join us every other Wednesday for children's worship. There will be no meals served this year; please eat before you join us. We are currently watching Christian movies and discussing the lessons we can learn from them.



Age Ranges:

Preschool thru 2nd Grade will be with Lisa Phillips
3rd grade and up will be with Savanna and Sydnee Phillips

If you need a ride to get to Wednesday night Children's Church or would like to attend one of the Sunday services, please contact the church office or Sydnee Phillips at 319-521-5271.

NEW DISCIPLES OF CEDAR RAPIDS
610 32nd AVE SW
CEDAR RAPIDS, IA 52404

Staff:

Pastor: Rev. Monica L. Banks
Pastor: Alain Habinamwisho
Assoc. Pastor: Mwana-Mubake
Music Director: Janelle Lauer



**NOVEMBER
2019**



Visit our website: <http://www.newdisciples.org>

Find us on Facebook: <http://www.facebook.com/NewDisciples>



**New Disciples
of Cedar Rapids**

610 32nd Ave SW
Suite C
(319) 363-2089
office@newdisciples.org
www.newdisciples.org

Sunday Worship Service:
9:30 AM - Worship
11:30 AM - Multilingual
Worship

Office Hours:
Monday - Friday
9:30 AM to 1:30 PM



Fibromyalgia and Chronic Pain Support Group is CANCELLED for November 7. It is usually held the first Thursday of every month at 6:30 PM at Curves on Edgewood Rd. SW. If you have either of these concerns, or you wish to learn more, please join us! (Please note the new starting time.)

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"Room at the Table" dinner worship

Sunday, November 17 6-8 PM

Bring a favorite Thanksgiving food or dish to share. Turkey will be provided.

See Page 3 for more information.



The church office will be closed November 28 & 29 in observation of Thanksgiving.



All Saints' Sunday

Join us on November 3.

See page 2 for more information.