



New Disciple News



**New Disciples
of Cedar Rapids**
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www.newdisciples.org



New Disciples of
Cedar Rapids

Sunday Worship Service:

9:30 AM

11:30 AM - Multilingual
Service

Office Hours:

Monday - Friday

9:30 AM to 1:30 PM

Friends,

The last two weeks have been utterly bewildering. God has brought us all together to worship, tend to the business of doing church together, and has brought us some pretty ridiculous weather. In my first two weeks, it has been below zero more than once and we have had multiple snow and ice storms. I joke with my friends on social media about the cold. But, as I sat down to meditate, I realize that the cold and snow could shape me and offer revelation if I let it. As I write this I am sitting in my fuzzy socks and watching the snow fall, yet again. It is barely above zero and I know that we are all tiring of the cold. The book that most speaks to me about church and what we can be is that of Acts, I knew there is a verse talking about cold and hospitality. So, as I prayed and meditated, the verse came to me...

Acts 28:1-2 Paul on the Island of Malta NRSV

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28 After we had reached safety, we then learned that the island was called Malta. ²The natives showed us unusual kindness. Since it had begun to rain and was cold, they kindled a fire and welcomed all of us around it.

You all have shown immense hospitality toward me over the past two weeks, as I am certain that you have shown countless others. It is clearly one of your spiritual gifts as a congregation. My hope is that as we grow as a church, we continue to see how our gifts can be refined.



As the snow melts in the coming days, what lies beneath sometimes looks dirty, as new life does. Remember that this work isn't always new and shiny, and though hospitality sometimes looks like cupcakes, parties, and helping your pastor move in or set up Internet...The work of hospitality is often uncomfortable, if we are doing it right. We are stretched to think in new ways and have conversations that help us to learn and grow as individuals and as a congregation.

(Continued on page 2.)



I am setting aside Tuesdays to meet with each of you, one on one, as you feel led. I would love to hear your imaginations for this church, the building, the land and know more about your personal story. Feel free to reach out to Ellen to set up an appointment. If evenings work better for your schedule, I am happy to accommodate. Wednesdays my plan is to be out in the community, learning and offering pastoral conversation from local coffee shops and book stores.

As the snow glistens and the cold preserves our energy and our ideas for Spring, my hope is that you will take the time to rest and reflect on your journey. So much has happened in the last few months, there is tremendous joy in this "ordinary" season of the liturgical calendar, but it sits alongside of grief and loss. I recognize that you miss your pastor and friend, Pastor Stasia and your love for her gives me deep hope for the future.

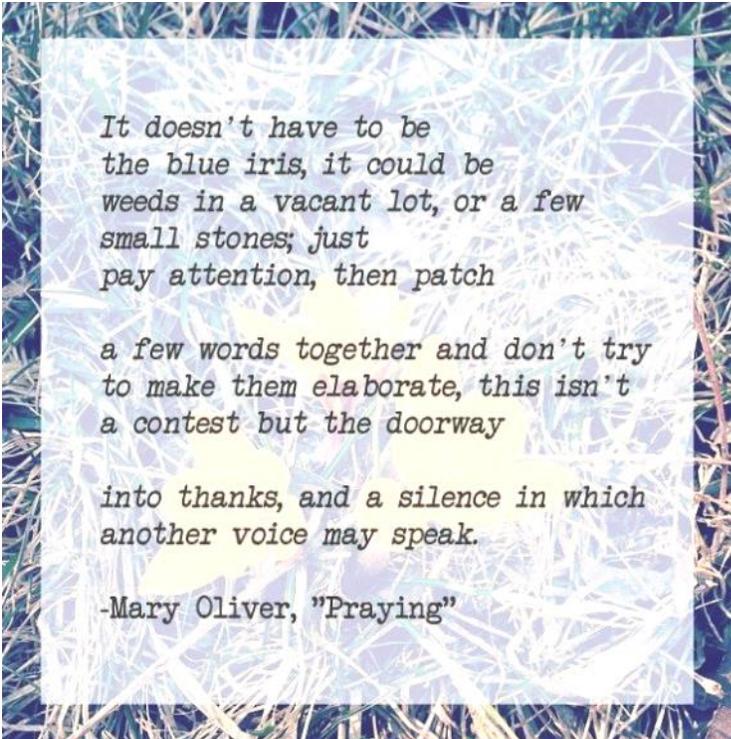
Finally, as we transition to whatever is next, I wonder if you could take a couple minutes out of your day to do something for me? Would you? Just two things, 1-Breathe. I know it sounds simple, but as we go from task to task, focusing on all that is on our shoulders, sometimes we forget the act of sacred breath. Take just one or two minutes and give yourself a moment. If you can, take your shoes off so that you can feel the ground/floor beneath you, close your eyes and set the timer on your phone for 60 seconds. Hear your own breath. Do your ribs hurt from being too tight? Can you breath in through your nose and out through your mouth focusing on nothing else, not the groceries, or the light bill--for 60 seconds? And, 2-Just notice something, not judging it. Let it be enough. Notice the way the wind feels on your cheeks, the sound that your shoes make, or something new on your way to work. Both of these exercises can free your mind and allow something spiritual in. But, they will also help you to be present to the awe that is in our midst.

One of my favorite poets, Mary Oliver, passed away January 17, 2019. I thought this poem of hers was quite fitting--

May these cold and snowy days be a doorway into generative spaces for us all.

Peace and shared abundance,

Rev. Monica L. Banks



*It doesn't have to be
the blue iris, it could be
weeds in a vacant lot, or a few
small stones; just
pay attention, then patch*

*a few words together and don't try
to make them elaborate, this isn't
a contest but the doorway*

*into thanks, and a silence in which
another voice may speak.*

-Mary Oliver, "Praying"



New Disciples Family: We Pray for...
 Pat, Lisa, Julia, Nancy, Berdine, Kyle, Sutphins, Ken,
 Suzie, John, Janelle, AJ, Ricardo, Darlene, Sharon,
 Annie, Glenda

Friends of New Disciples: We pray for...
 family members, Shirley, Shirlene, Kristen, Todd

New Disciples: We ask for our church family...

- * healing for loved ones who are ill at home or here at church.
- * strength and courage for New Disciples in the days ahead.
- * communication and patience in acclimating to our new space.

Other: We pray for...

- * those in Rev. Monica's former church who now seek her replacement.
- * drivers to get used to winter road conditions.
- * renters for our office space. We have two possibilities.

Grief: We ask for comfort and strength for ...

- * family of Jacqueline Hootman, daughter of Nova Dannels.
- * James and Amy, (friends of Ellen J.), at the loss of their baby.
- * Nicole, (Phillips family), as she lost a baby at three months in her pregnancy.
- * Mary, as she deals with her mother's death.
- * the family and friends of Nancy's sister Marjorie's husband.

Our Homebound: May God surround you with His love...

Lois Roger & Mary Steve Helen Ann Janetta
 LaVerne Alice Berdine Laureen Ben Gisela
 Dick Sharon

Missionaries/Community Workers:

Christian Church (Disciples of Christ) regional staff
 Alain Imani Habinamwisho & Tantine Kapila
 Robert S. King - Mission of Hope New Disciples Staff
 Daniel Reed - Hope Builders Ben Drolet, Lebanon
 Nia Sullivan, Sierra Leone Danielle Lee, Korea
 Priscilla Yang, Hungary

Military Personnel:

Daniel Ruhd - Lynette Lubbock's grandson - N. Carolina
 Kyle Stallman - Kim Stallman's son - Washington State
 Tyler Edler - Nancy Wise's nephew - In US
 Eli Walters - Helen Christopherson's g-g-son in law - GA
 Austin Christophersen - Helen's g-son - San Diego CA
 Kaylee Graves - Garland Waddilove's granddaughter - CA
 Aaron Thomas Krouse - Aaron Krouse's nephew - in US
 Iowa National Guard members

Pray, we as a Christian community ...

- * We keep Christ first in all we do.
- * We become the church God desires us to be.
- * We bear spiritual fruit for the Kingdom of God.
- * We bear witness to God's love in our interactions with members of the community.
- * We be a community of health and healing as God defines those terms
- * We remain flexible to the Spirit's leading.
- * We worship God with all our strength, minds, hearts, and souls.

Upper Midwest Region Prayers

Prairie City Christian Church, Prairie City, IA
 Delta Christian Church, Delta, IA
 First Christian Church, Minneapolis, MN
 First Christian Church, Des Moines, IA
 First Christian Church, Red Oak, IA
 Lake Harriet Christian Church, Minneapolis, MN
 Pleasantville Christian Church, Pleasantville, IA
 Mitchellville Christian Church, Mitchellville, IA
 Fairview Christian Church, Pleasantville, IA
 Plymouth Creek Christian Church, Plymouth, MN

Bring me your tired, your poor...no wait...

Bring me your egg cartons!



We are collecting empty egg cartons for Seeds of Abraham Farm next to the church land on Williams Blvd. Drop them off in the office and we will take it from there. Thanks!!

Don't forget to check your mail folders! They are located near the coatrack. We also have a **lost and found** box on the shelf of the coat rack.





On **Monday, February 11**, the Curves' family is coming together to help save lives! See below for details on our upcoming blood drive, and please consider scheduling an appointment. To see the time slots available for appointments, go to the link below.

Curves Blood Drive

Monday, 2/11/2019 (10:00 AM - 1:00 PM)

https://www.bloodcenterimpact.org/donor/schedules/drive_schedule/83088

3270 Queen Court SW STE #5
MVRBC Donor Bus
Cedar Rapids, IA 52405



All presenting donors will receive a voucher for the fun "Love To Give" t-shirt.

Our blood drive will provide a critical resource that helps save lives at our local hospitals and across our region. Thank you for your support, and I hope to see you at the blood drive!

New Disciples follows the Cedar Rapids School District regarding office closings due to snow/ice/Iowa Winter. If there are weather cancellations, they will be posted on our church website:

www.newdisciples.org.



If you are interested in sharing Special Music during worship on Sunday, please contact Janelle Lauer. She will be happy to talk with you!!!

Coming Home To Freedom Capital Campaign 2018 Year End Report

Yes this Campaign is still a go.

Our Goal: \$300,000

Current Pledge Total: \$323,773.80 OUTSTANDING!

If you have not yet pledged please consider doing so.

Expected 2018: (\$323,773.80/3 years) = \$ 107,924.60

Please Note, on average, the typical Capital Campaign receives **40%** of the total expected in the first year of the campaign (per the Church Extension office).

So how did we do?

Total Pledged \$ Received in 2018: \$85, 275.12

Total Non-Pledged in 2018: \$1496.06

For a Grand Total of \$86,771.18 or 80% of expected first year income.

A copy of the report can be picked up on the Capital Campaign Table in the Sanctuary.

If you pledged to give **Monthly** or **Weekly** to please remember to do so. Annual Pledges may be given any time before January 1st 2020. Thank you again!





FROM ONE GENERATION TO THE NEXT: PASS IT ON!



The movement of time is a funny thing in that something nearly 40 years ago can resurface in our minds and feel like it was only yesterday. It is in the winter months that I remember the great mentors of my life the most. It is at this time of the year that they always began prepping me for what was to come next in my life, moving up a grade, graduating from high school, or with plans to head off to college. It is during these months that I reflect upon both what they taught me and what I then had to teach others who came after me.

We often make New Years Resolutions about many things but as this year begins, I invite you to give thanks for those in the faith who mentored you and take seriously your role in passing on those teachings to the next generation.

Blessings,
Bill Spangler-Dunning,
Regional Minister

GA2019 CHOIR

ADD YOUR VOICE!

LIKE @GA2019 ON FACEBOOK
OR SUBSCRIBE BY GOING TO
[HTTPS://DISCIPLESOFCHRIST.TYPEFORM.COM/TO/XTB8TL](https://disciplesofchrist.typeform.com/to/XTB8TL)

THREE ADVANCE REHEARSALS ACROSS THE REGION
SO YOU CAN COME! TENTATIVE DATES:
JAN. 12, MARCH 9, MAY 4





Volunteer Opportunities Abound

The General Assembly of the Christian Church Disciples of

Christ will take place in Des Moines, Iowa this summer. Join your fellow Upper Midwest Disciples in showing a warm welcome to our General Assembly guests. Many hands and many gifts will be needed during the event to help it run smoothly. Volunteer sign-ups are already open for the following needs:

- Registration Kiosk Assistants
- Transportation Booth Staff
- Transportation Ambassadors
- Communion Servers and Offering Collectors
- General Assembly Choir Members

Over the coming months, more opportunities will include Nursery and School-Age Children Assistants, and Information Booth Staff, and Home Hosts. Volunteers get a discounted rate if they register for the event.

Christian Conference Center Winter 2019 Wish List



Office Furnishings
The Main Lodge Welcome Center lobby has been updated and new office furnishings for the offices would update our office space to be more functional.
\$300-\$1,500



Lodge Room Updates
The lodge rooms need updated bathroom, carpet, bed frames and paint.
\$2500 per room (4 rooms)



Chi Rho Bathhouse
Our Path Together continues to grow as we work together to finish McKee Retreat House, a new Chi Rho tornado shelter and director cabin, by summer 2019. We would love to update the other buildings in Chi Rho Country.
\$4,000.00



Catering Supplies
The kitchen continues to serve many groups throughout the year. We would like to update our catering supplies with new silverware, serving utensils, cups, etc...
\$10-\$1,500



Handicap Door Opener
Automatic handicap door openers would be a great addition to our College Avenue Worship Center front door.
\$2,000



Carpet Cleaner
A carpet cleaner will help keep our carpets more clean and help staff get spots cleaned up quickly.
\$3,000



Lifejackets
The lake is full and soon campers will be able to swim and canoe in the lake! To keep campers safe everyone in the water must use wear a life jacket. Used or new lifejackets are needed in many sizes.
\$80 each new or used (100 needed)



Front Door Mats
New front door mats would help with the amount of mud that gets in the Main Lodge Welcome Center & College Ave. Worship Center.
\$500 each



Paddle Boards, Canoes, Paddle Boats
Soon we will have campers having all kinds of fun on the lake with new toys!
\$150-\$300 each



Queen Beds
The Director Suite lobby has a new fresh look and we would like to update the 2 Director Rooms with queen beds & updated decor.
\$1000 per room



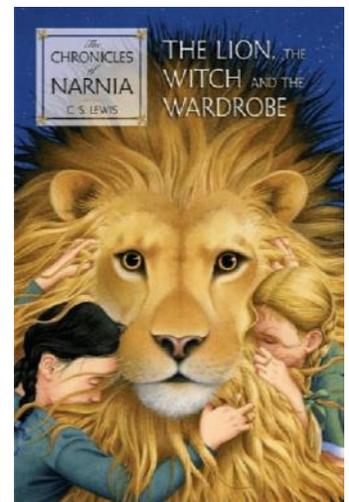
February Service Opportunities

Service	February 3	February 10	February 17	February 24	March 3
Welcoming Deacon (Front Door)	Kim Stallman	Rick Sutphin	Glenn Healy	Dan Dice	Kim Stallman
Welcoming Elder (Entry to Worship Space)	Nancy Wise	Pam Gibbs	Dick Goodall	Lisa Phillips	Jonathan Williams
Children's Sermon					
Worship Leader	Betty Graham	Candi Snider	Phil Goodall	Betty Graham	Candi Snider
Pulpit Elder	Kyle Taylor	Nancy Wise	Pam Gibbs	Dick Goodall	Lisa Phillips
Serving Deacons	Kim Stallman, Betty Graham, Ron Bremer & Dianna Bremer	Rick Sutphin, Don Phillips, & Stephanie McGaffee	Glenn Healy, Tim Wise, Lynn Moss & Ricardo Larios	Dan Dice, Debby Krivanek, Heidi Haney & David Krivanek	Kim Stallman, Betty Graham, Ron Bremer & Dianna Bremer
Communion Prep	Shirley Sedore	Betty Graham	Lynn Moss	Jean Goodall	Vicki Ehrenberger
Worship Tech	Dan Dice, Tai-lee Wilcox	Dan Dice, Tai-lee Wilcox	Dan Dice, Tai-lee Wilcox	Dan Dice, Tai-lee Wilcox	Dan Dice, Tai-lee Wilcox
Tabulators	Lisa Phillips, Sharon Gladwin	Glenda Denning, Don Phillips	Sydnee Phillips, Kim Stallman	Heidi Haney, Glenda Denning	Lisa Phillips, Sharon Gladwin
Coffee Fellowship					



Wednesday Night Youth Program begins Wednesday, February 6th at 6:30 PM. It will be held every other week. There will be no meals served this year; please eat before you join us. Questions? Contact Sydnee Phillips.

We are seeking donations of the book The Lion, the Witch, and the Wardrobe by C.S. Lewis. The Youth Group will be making use of them. Drop them by the church office. Thanks!!



NEW DISCIPLES OF CEDAR RAPIDS
610 32nd AVE SW
CEDAR RAPIDS, IA 52404



NOTE!
ADDRESS CHANGE

Staff:

Pastor: Pastor Monica L. Banks
Pastor: Alain Habinamwiso
Music Director: Janelle Lauer
Office Administrator: Ellen Johnson
Nursery: Candi Snider
Nanga Kirimbe



February
2019



Visit our website: <http://www.NewDisciples.org>

Find us on Facebook: <http://www.facebook.com/NewDisciples>



**New Address, Email Address or
Phone Number?**

Contact the Church office to
update your information.



Coming Home to Freedom
Capital Campaign Year End
paper copies are available in
the sanctuary.

*I will put my law in their minds
and write it on their hearts.*



Jeremiah 31:33b

*I will be their God,
and they will be my people.*



Fibromyalgia and Chronic Pain Support
Group is held the first Thursday of every
month at 7:00 PM at Curves on
Edgewood Rd. SW. The next
meeting is February 7. If you have
either of these concerns, or you
wish to learn more, please join us!

